

# Festive **NAUGHTY** list

## Danger foods for your pet

It is important not to give pets any festive foods or leftovers as many can be toxic. Here are foods to avoid giving to your pet, and why, so you can make sure you keep an emergency trip to the vet off this holiday season.

### Roast turkey, ham, roast pork and bones



Too much rich or fatty food can cause gastrointestinal issues for cats and dogs. It can also cause pancreatitis in dogs. Bones can also splinter and block or cause cuts in your dog's digestive system.

### Gravy, onions & salty food



As well as being too salty and too rich, gravy can often contain onions which are toxic to dogs and cats and can be potentially fatal. Eating too much salt can make your pet seriously thirsty and cause salt poisoning.

### Cranberry sauce & rich sweets



Very high in sugar, which can alter the bacterial makeup of your pet's digestive system, causing diarrhoea and tummy problems.

### Christmas pudding, cake & mince pie



Apart from being very rich, grapes and their dried derivatives (sultanas, raisins) can cause kidney problems.

### Chocolate bars, biscuits etc.



One of the best known toxins to our pets. Dogs and cats can't break down the dangerous compound in chocolate (theobromine) like we can. This can lead to vomiting, diarrhoea, tremors, seizures, and even death.

### Alcoholic beverages



Alcohol has the same effect on a dog's liver and brain that it has on people. But it takes a lot less to hurt your dog. Just a little beer, liquor, wine, or food with alcohol can be bad.

### Bread stuffing



Stuffing contains onions and garlic which can destroy red blood cells, both of which are toxic and potentially fatal.

### Nuts, stone fruit & avocado



The seeds in avocados and other stone fruit can pose a dangerous threat to your pet. Avocados are also high in fat and may contribute to pancreatitis in dogs. Various nuts such as **macadamias** are toxic to pets and can also cause vomiting, muscle weakness and tremors.